



HWPCN

Hitchin & Whitwell
Primary Care Network



H&W HEALTH



Hertfordshire
Family Centre
Service



Hertfordshire Community

NHS Trust

NEURODIVERSITY SOCIAL PRESCRIBING

For patients registered at Bancroft Medical Centre, Portmill, Regal Chambers and Whitwell Surgeries.

Hitchin & Whitwell PCN and HCT Public Health Nursing

The aim of this service is to improve the experiences of families with children/young people (0-19 years), who are potentially neurodiverse. Neurodiversity Social Prescribers (NSPs) work with families to help identify needs, and access support by assisting with referral pathways and connecting to appropriate community support.

Diagnosis is not necessary

Neurodiversity Social Prescribers Offer:

- Support with referral pathways
- Help to understand the benefits of creativity, the natural environment and physical activity
- Emotional support
- Practical, helpful and non-judgemental support
- Liaison with education providers
- Central point of contact for families
- Advocating for young people and their families



Natalie Kelly

What to expect

We know accessing services can be a confusing and overwhelming time. We are here to listen to what matters to you. We can offer guidance around referrals, provide information about local services and support understanding of neurodiversity.



Jane Tyrrell

Neurodiversity is a term used to describe a range of neurological differences including the below. Please get in touch if you think your child might be affected by:

- Autism
- ADHD
- Dyscalculia
- Dyslexia
- Dyspraxia
- Tourettes/Tics

How to Access Support Contact reception at your GP surgery and ask to be referred to the Neurodiversity Social Prescribers. Following referral, NSPs will call you to arrange the first appointment. This may be in your own home, at your child's school, a GP surgery or health centre, a phone call or video call, depending on resource availability and family preference. This will be an opportunity to share your story, identify what matters to you and make a plan together.